


James Allen	<p>James Allen teaches us how to purify our hearts through the fundamental lessons of virtue: physical discipline, mental discipline, doing your best, self-honesty, and forgiveness. If assiduously practiced, these principles will lead to a blessed life of truth. - Summary by Andrea Fiore</p> <p>Read by Andrea Fiore. Total running time: 00:59:58</p>  <p>This recording is in the public domain and may be reproduced, distributed, or modified without permission. For more information or to volunteer, visit librivox.org. Cover picture woodland path (photo). Not Copyright in U.S., Canada, EU. and all countries with author's life +70 yrs laws. Cover design by Annise. This design is in the public domain.</p>	Out From The Heart
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